

## APEXCARDIOGRAPHIC INDEX "C- $\Delta$ ACG" II. CLINICAL STUDIES

Shoso NEZUO

*Division of Cardiology, Department of Medicine,  
Kawasaki Medical School,  
Kurashiki 701-01, Japan*

*Accepted for Publication on June 7, 1978*

### Abstract

Clinical study was conducted on apexcardiographic index "C- $\Delta$ ACG" and the following results were obtained.

1. The value of this parameter in normal subjects was 57.0 msec  $\pm$  12.0, and it seemed not to be affected by heart rate.
2. As this parameter was affected by the posture, it may be necessary to make a recording at a constant posture.
3. The mean values of this parameter in heart disease groups were significantly prolonged as compared with normal group. On the other hand, in hyperthyroidism group it was significantly shortened. Further, it was prolonged as the severity of cardiac functional classes advanced.

It is concluded that this parameter can serve as one of the simple, useful and noninvasive method for the evaluation of cardiac status and the severity of cardiac disease to a certain extent.

### INTRODUCTION

Recently the first derivative of the apexcardiogram ( $\Delta$ ACG) has been used for evaluating the left ventricular function.<sup>1-11)</sup> The author likewise studied "C- $\Delta$ ACG", the time interval from the C point of the apexcardiogram (ACG) to the peak of  $\Delta$ ACG, in animal experiment, and reported that this parameter would be useful for evaluating the cardiac contractility.<sup>12)</sup>

In this paper, a clinical usefulness of "C- $\Delta$ ACG" was studied.

### SUBJECTS AND METHODS

A total of 121 subjects was selected and they were subdivided into 6 groups as seen in Table I. Patients with hypertension were eliminated from the study.

Table 1. Classifications of total subjects

Diagnosis	No. of cases	Age (mean)	Sex : male	female
1. Normal volunteer	40	21-60 y. o. (34 y. o.)	31	9
2. Ischemic heart disease (IHD)	43	33-73(54)	30	13
Old myocardial infarct	25			
Angina pectoris	12			
IHD without symptom	6			
3. Congestive cardiomyopathy (CCM)	9	20-52(38)	7	2
4. Valvular heart disease (VHD)	13	25-70(46)	8	5
Mitral regurgitation (MR)	7			
MR + mitral stenosis	6			
5. Congenital heart disease (CHD)	6	26-46(34)	4	2
Ventricular septal defect	4			
Endocardial cushion defect	2			
6. Hyperthyroidism	10	22-47(37)	2	8
Total	121		82	39

After 15-minute bed rest, both ACG and  $\Delta$ ACG were simultaneously recorded at a paper speed of 100 mm/sec in mid-expiratory apnea with patients in left lateral position at the level about 60°. The drugs affecting cardiac function were all discontinued 24 hours before the study (to be mentioned later).

A transducer (TY 303, Fukuda Electronic Co.) for ACG and RC circuit with time constant of 1 msec for  $\Delta$ ACG were used. Fig. 1 shows the measurement of "C- $\Delta$ ACG" ("C- $\Delta$ ACG" is the time interval from the C point of ACG to the peak of  $\Delta$ ACG). These measurements were made by the average value of 3 consecutive tracings.

## RESULTS

### 1. The normal value

The value of "C- $\Delta$ ACG" was 57.0 msec  $\pm$  12.0 (mean  $\pm$  2SD) in 40 healthy persons.

### 2. Effect of heart rate on "C- $\Delta$ ACG"

Fig. 2 shows the relationships between heart rate and "C- $\Delta$ ACG" in 40 healthy persons. No significant influence of heart rate on "C- $\Delta$ ACG" was found. By increasing heart rate up to 120/min by right atrial pacing in six patients, the effects of heart rate changes on "C- $\Delta$ ACG" was studied (Fig. 3). No significant changes resulted in "C- $\Delta$ ACG" by increase of heart rate.

### 3. Effect of posture at the time of recording.

For the purpose to study the effect of the posture on "C- $\Delta$ ACG", 20 patients were selected, and tracings were made in various postures such as in

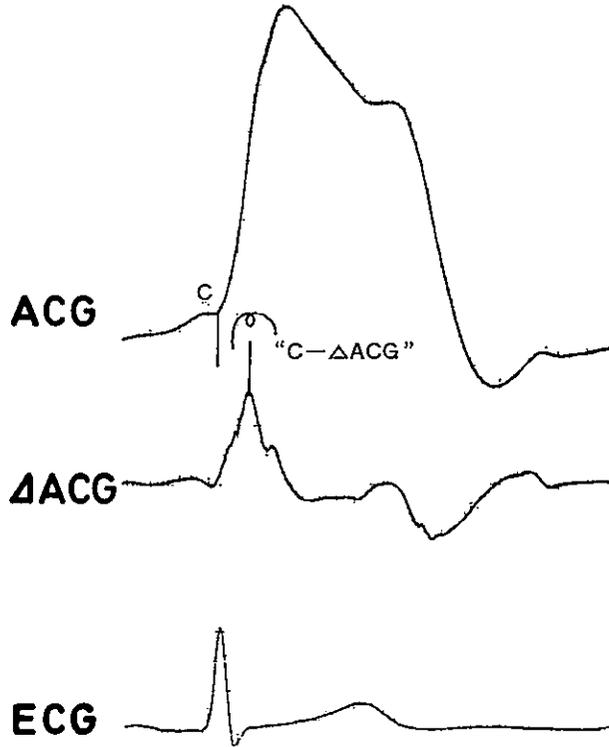


Fig. 1. Measurement of "C- $\Delta$ ACG" with apexcardiogram (ACG) and its first derivative ( $\Delta$ ACG).  
 "C- $\Delta$ ACG" is the time interval from the C point on ACG to the peak of  $\Delta$ ACG.

supine and in left lateral position at the angles of 30°, 45°, 60°, and 80°. Fig. 4 shows the "C- $\Delta$ ACG" values at various postures expressed by percentage(%) change with standard position (60°-left lateral position) as 0%. The values was the longest in supine position, and more the angle in the left lateral position increased, more its value was shortened. At 80° the "C- $\Delta$ ACG" value was shortened, and at 45° it was lengthened, but in either position there were no significant differences as compared with the standard position. However, at 30° and in supine position this value was lengthened significantly ( $p < 0.01$ ).

#### 4. Reproducibility of the value (Fig. 5)

With 15 normal volunteers the reproducibility of "C- $\Delta$ ACG" was assessed at intervals of 4 to 7 days.

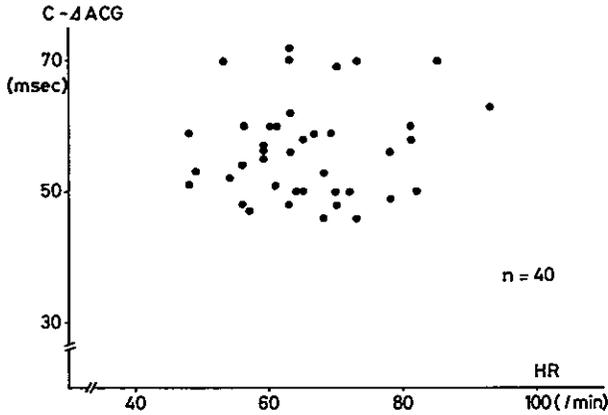


Fig. 2. Relationship between heart rate and "C-ΔACG" in normal volunteers.

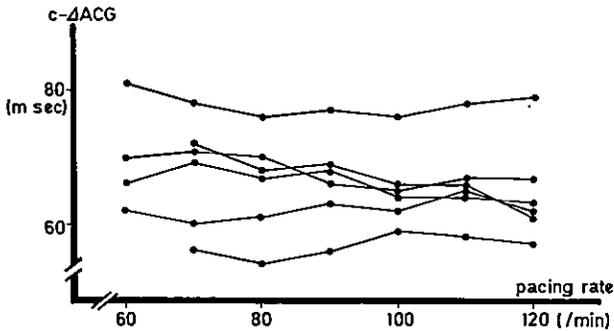


Fig. 3. The changes in "C-ΔACG" following the right atrial pacing in six cases.

The correlated values between the first and second recordings indicated a highly positive correlations ( $r = +0.90$ ).

##### 5. The value in various heart disease (Fig. 6)

The mean "C-ΔACG" value in ischemic heart disease (IHD) group was  $63.3 \text{ msec} \pm 2.73$  (mean  $\pm 95\%$  confidence limits) and in congestive cardiomyopathy (CCM) group it was  $75.2 \text{ msec} \pm 9.66$ . Both values were significantly prolonged ( $p < 0.05$  in IHD group,  $p < 0.01$  in CCM group) when compared with normal group ( $57.0 \text{ msec} \pm 2.30$ ). In addition, in valvular heart disease (VHD) and congenital heart disease (CHD) groups it was  $62.8 \text{ msec} \pm 3.77$ , also showing a significant prolongation ( $p < 0.05$ ).

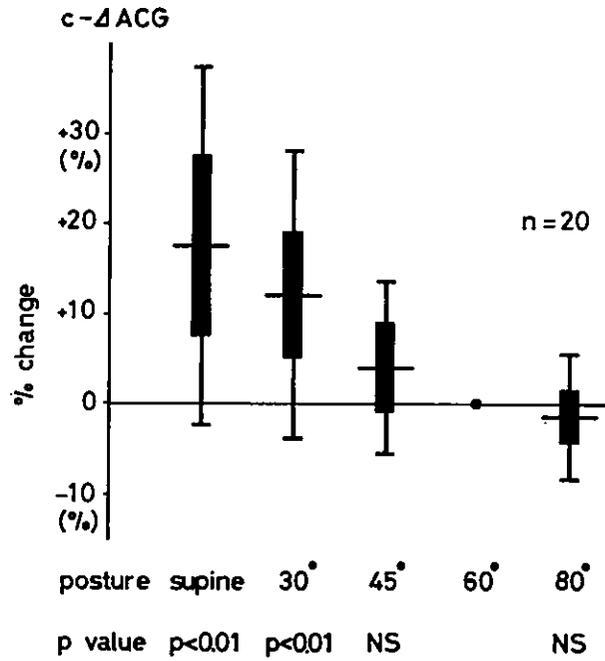


Fig. 4. Changes of "C-ΔACG" in various postures. Bars indicate mean value  $\pm$  1 standard deviation. Thick columns indicate  $\pm$  95% confidence limit. P values: between 60° and other posture.

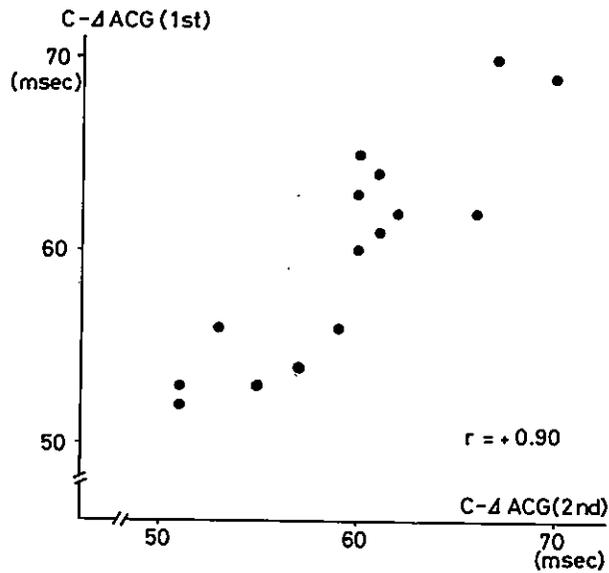


Fig. 5. Reproducibility of "C-ΔACG"

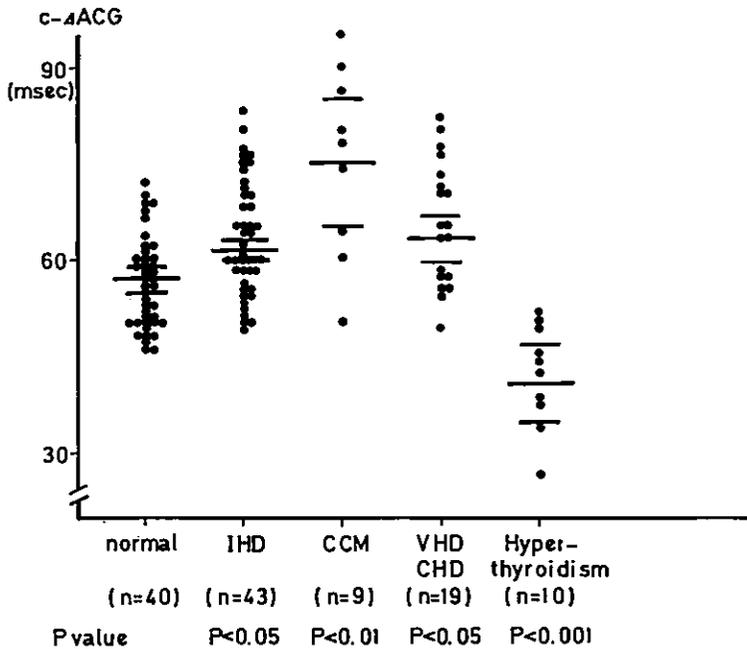


Fig. 6. "C- $\Delta$ ACG" in various heart disease  
 Bars indicate mean value  $\pm$  95% confidence limit  
 IHD: ischemic heart disease  
 MD: myocardial disease (congestive type)  
 CHD: congenital heart disease  
 VHD: valvular heart disease  
 P value: between normal group and each heart disease group

On the contrary, in hyperthyroidism group it was 40.8 msec  $\pm$  5.70, being significantly shortened ( $p < 0.001$ ).

#### 6. The value in various cardiac functional states (Fig. 7)

These patients with cardiac disease, excluding hyperthyroidism, were classified into I $^\circ$ , II $^\circ$ , III $^\circ$ , IV $^\circ$  by New York Heart Association (NYHA) criteria according to their severity of the cardiac functional capacity.

The mean "C- $\Delta$ ACG" was 66.0 msec  $\pm$  3.39 in NYHA II $^\circ$  group and 73.6 msec  $\pm$  5.40 in NYHA III $^\circ$  group, both of which were significantly prolonged ( $p < 0.001$  in NYHA II $^\circ$ ,  $p < 0.001$  in NYHA III $^\circ$ ) when compared with normal group.

All four cases of NYHA IV $^\circ$  group showed a marked prolongation of "C- $\Delta$ ACG" (mean value of 83.0 msec). No significant differences, however, observed between NYHA I $^\circ$  group and normal group.

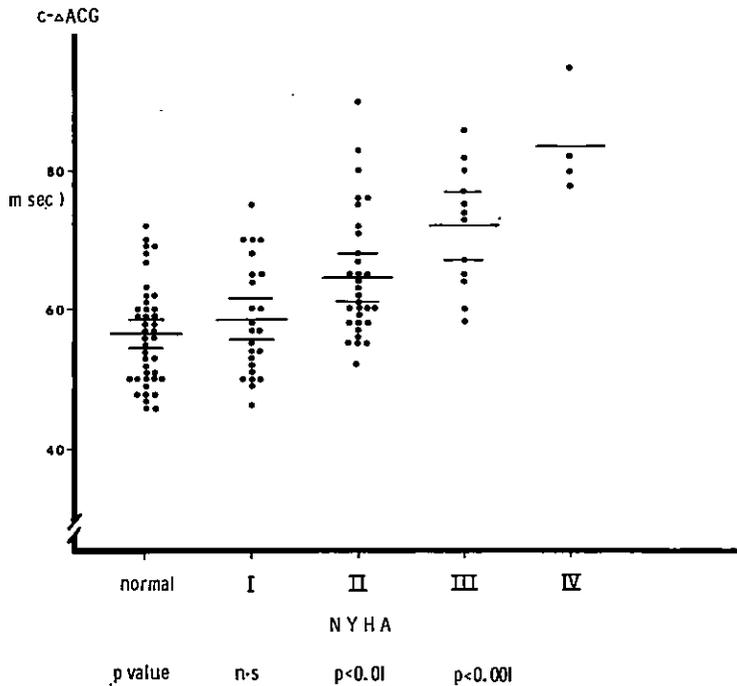


Fig. 7. "C-ΔACG" in various cardiac functional classes (NYHA) classification  
 P value: between normal group and each cardiac class group

DISCUSSION

Although the exact genesis of the ACG is still not clearly understood, a close correlation has been shown to exist between the ACG and the hemodynamic events in the left ventricle<sup>3,13-16</sup>. Particularly, a marked synchronism between the upstroke of the ACG and of the left ventricular pressure curve has been demonstrated.<sup>13,15</sup> Based on these considerations, the first derivative of the ACG (ΔACG) has been used for assessment of the left ventricular function.

In the previous report<sup>12</sup>) the author demonstrated that the change of "C-ΔACG" proved a good correlation with that of invasively derived parameters closely related to contractility, and that this parameters seems to be particularly useful for the detecting changes in the left ventricular contractility within the same individual.

The mean values of "C-ΔACG" in all three groups with heart disease were significantly prolonged as compared with normal group (Fig. 6). It is

suggested that the left ventricular contractility is decreased in many cases of these heart disease group.

On the other hand, "C- $\Delta$ ACG" in hyperthyroidism was significantly shortened. In this disease, the contractility is accelerated, the results being in agreement with previous reports.<sup>22,23)</sup>

Further, as shown in Fig. 7, this parameter was prolonged as the severity of cardiac functional classes advanced.

In the experimental study,<sup>12)</sup> it was demonstrated that the change of "C- $\Delta$ ACG" correlated well with that of contractility within the same individual.

From the results of the present study, furthermore, it is suggested that "C- $\Delta$ ACG" may be useful for differentiating the normal group from the groups of various cardiac disease and be also valuable in estimating the severity of cardiac disease.

As reported<sup>17-19)</sup> that the wave form of ACG varies according to the posture at the time of recording, whether or not "C- $\Delta$ ACG" would be changed by various postures at the time of recording was studied. As shown in Fig. 4, this parameter varied by the posture, i. e. it was prolonged as the angle of the left lateral decubitus position was decreased. Although the reason being obscure, one of the possible explanations may be due to the fact that the coupling of the thoracic wall with the heart can be changed by the body position. It is, therefore, necessary to keep the posture of the subject approximately constant at the recording of ACG.

It is reported<sup>20,21)</sup> that "t- $\Delta$ ACG" showed no significant correlation with any of the internally measured indexes of myocardial function. Such contention may be in part arisen from the posture at the recording.

The reproducibility of "C- $\Delta$ ACG" was fairly good as seen in Fig. 5.

#### ADVANTAGE OF THIS METHOD

Adequate parameter for measurement of contractility derived from non-invasive approach is lacking. Isometric contraction time (ICT), the interval obtained by subtracting the ejection time from S<sub>1</sub>-S<sub>2</sub> interval (from the beginning of the 1st to the 2nd heart sound), often hard to calculate due to the fact that recognition of mitral closure sound (S<sub>1</sub>) is difficult to clearly deliniate "C- $\Delta$ ACG", on the other hand, is more easy to calculate and no additional tracing other than ACG is needed.

Specific devices (waterfilled chamber, computer etc.) and complicated calibration are necessary for the previously reported methods on  $\Delta$ ACG.<sup>3-10)</sup> In contrast, "C- $\Delta$ ACG" is measured without these specific devices or calibration so that this measurement is considered to more simple method than the previously reported ones.

The "t- $\Delta$ ACG", proposed by Reale<sup>1)</sup> and Vetter<sup>2)</sup>, is also simple, but it includes electromechanical interval which differs one subject to another, and is markedly prolonged in left bundle branch block. The present index "C- $\Delta$ ACG", is the interval by subtracting electromechanical interval from "t- $\Delta$ ACG" so that "C- $\Delta$ ACG" is more theoretical to represent the left ventricular contractility than "t- $\Delta$ ACG".

#### LIMITATION OF THIS METHOD

ACG may not be recorded in some patients such as with obesity or pulmonary emphysema. Furthermore, even if the recording can be taken, C point or peak of  $\Delta$ ACG may not be sharply recognizable in some instance.

In addition, as already reported,<sup>12)</sup> "C- $\Delta$ ACG" seems to be affected by afterload so that this parameter should be used in patients with hypertension with careful consideration.

#### Acknowledgment

I am greatly indebted to Dr. Toshitami Sawayama, Professor of Medicine, Kawasaki Medical School, for his participation in this study.

#### REFERENCES

- 1) Reale, A.: Evaluation of the contractile state of the human heart from the first derivative of the apexcardiogram. *Circulation* 36: 933-941, 1971
- 2) Vetter, W. R., Sullivan, R. W. and Hyatt, K. H.: Assessment of quantitative apexcardiography. *Am. J. Cardiol.* 29: 667-671, 1972
- 3) Willems, J. L., Kesteloot, H. and DeGeest, H.: Influence of acute hemodynamic changes on the apexcardiogram in dogs. *Am. J. Cardiol.* 29: 504-512, 1972
- 4) Mirsky, L., Pasternac, A. and Ellison, R. C.: General index for the assessment of cardiac function. *Am. J. Cardiol.* 30: 483-491, 1972
- 5) Deneff, B., DeGeest, H. and Kesteloot, H.: Influence of changes in myocardial contractility on the height and slope of the calibrated apexcardiogram. *Am. J. Cardiol.* 32: 662-669, 1973
- 6) Motomura, M., Omae, M., Uehata, H., Kumata, T., Yaginuma, T., Wakabayashi, A. and Konishi, T.: An apexcardiographic index "(peak DA/DT)/A" for the assessment of left ventricular function. *Jap. Circulation J.* 37: 1355-1359, 1973
- 7) Deneff, B., Popeye, R., DeGeest, H. and Kesteloot, H.: On the clinical value of calibrated displacement apexcardiography. *Circulation* 51: 541-551, 1975
- 8) Willems, J. L., Kyle, M. C., Pillsbury, III H. C. and Freis, E. D.: First derivative of the apexcardiogram and systolic time intervals in evaluation of myocardial contractility in Man. *Am. J. Cardiol.* 36: 873-879, 1975
- 9) Nezu, S., Tohara, M., Sawayama, T. and Tsuda, T.: Quantitative apexcardiographic index "(peak DA/DT)/A" -Experimental and clinical studies- *Kawasaki Med. J.* 2: 7-18, 1976
- 10) Van de Werf, F., Piessens, J., DeGeest, H. and Kesteloot, H.: Normalized first derivative of the left apexcardiogram in assessment of left ventricular function. *Am. J. Cardiol.* 37: 1059-1064, 1976

- 11) Chida, A., Hamabe, K., Takahashi, T., Kikuri, T. and Miyahara, M.: Clinical studies on the myocardial contractile state by the first derivative of apexcardiogram. *Cardiovascular Sound Bulletin* 3: 115-125, 1973 (in Japanese)
- 12) Nezu, S.: Apexcardiographic index "C-ACG". Part I (experimental studies) *Kawasaki Med. J.* 4: 83-92, 1978
- 13) Tavel, M. E., Campbell, R. W., Feigenbaum, H. and Steinmetz, E. F.: The apexcardiogram and its relationship to hemodynamic events within the left heart. *Brit. Heart J.* 27: 829-839, 1965
- 14) Rios, J. C. and Massumi, R. A.: Correlation between the apexcardiogram and left ventricular pressure. *Am. J. Cardiol.* 15: 647-655, 1969
- 15) Willems, J. L., DeGeest, H. and Kesteloot, H.: On the value of apexcardiography for timing intracardiac events. *Am. J. Cardiol.* 28: 59-66, 1971
- 16) Manolas, J., Rutishauser, W., Wirz, P. and Arbenz, U.: Time relation between apexcardiogram and left ventricular events using simultaneous high-fidelity tracings in Man. *Brit. Heart J.* 37: 1263-1267, 1975
- 17) Uozumi, Z., Yokoi, M., Okamoto, N., Mizuno, Y. and Iwatsuka, T.: Apexcardiogram in left lateral recumbent and supine positions. *Cardiovascular sound bulletin* 2: 323-340, 1972 (in Japanese)
- 18) Bethell, H. J. N. and Nixon, P. G. F.: Examination of the heart in supine and left lateral position. *Brit. Heart J.* 35: 902-907, 1973
- 19) Yamamoto, S., Irie, Y., Sawayama, T., Tohara, M. and Nezu, S.: A fundamental study on the apexcardiogram. *Kawasaki Med. J.* 1: 67-74, 1975 (in Japanese)
- 20) Maeda, N.: Correlation of external cardiac indices with internal parameter of left ventricular function in hypertension and ischemic heart disease. *Jap. Circulation J.* 39: 699-705, 1975 (in Japanese)
- 21) Manolas, J., Wirz, P. and Rutishauser, W.: Relationship between duration of systolic upstroke of apexcardiogram and internal indexes of myocardial function in Man. *Am. Heart J.* 91: 726-734, 1976
- 22) Taylor, R. R., Covell, J. W. and Ross, J. Jr.: Influence of the thyroid state on left ventricular tension velocity relations in the intact, sedated dog. *J. Clin. Invest.* 48: 775-784, 1969
- 23) Amidi, M., Leon, D. F., DeGoot, W. J., Kroetz, F. and Leonard, J. J.: Effect of the thyroid state on myocardial contractility and ventricular ejection rate in man. *Circulation* 38: 229-239, 1968